

Community Health Improvement Plan

January-March Q3 Update

NUTRITION GROUP - BHC

- Hosted a “Seed to Supper” gardening class (Jan–Mar), combining low-cost gardening, hands-on learning, and nutrition education
- Advanced the Community Garden into Phase 2, now actively producing
- Expanded the BHC Senior Center pantry with new equipment to support donations
- Strengthened partnerships between the Community Garden and Senior Center, increasing fresh produce donations
- Partnered with St. Mary’s Food Bank to host twice-monthly food distributions

Challenges: Updates to dietary guidelines require refreshed public communication and education.

STIGMA TRAINING FOR LEADERS WORKGROUP

- Merged with the Meth Prevention Coalition to strengthen impact
- Launched a social media presence to expand community outreach
- Continued stigma-reduction trainings for leaders across the county
- Delivered Mental Health First Aid trainings
- Began planning for Mental Health Awareness Month

Barriers: Limited community partnerships & funding constraints.

COUNTY-WIDE MEDICAL COALITION

- Revitalized the Del E. Webb Wellness Center, expanding access to wellness resources
- Launched the LevelUp Nurse Internship Program (Kingman Regional Medical Center & Mohave College) to build the local workforce
- Released a quarterly health literacy newsletter for residents

Barriers: Limited participation from medical facilities, impacting coordination and shared solutions across our rural system.

ACCESS TO CARE – COLORADO CITY

- Continued provider and health plan coordination to improve navigation and care access
- Advanced provider-side solutions and patient navigation strategies
- Supported outreach through communications and direct community engagement

Challenges: Transportation remains a major barrier for routine care, AHCCCS & ADHS are working behind the scenes to address this.