

RECOGNIZING OPIOID OVERDOSE

Sometimes it can be difficult to tell if a person is just very high or experiencing an overdose. The following will present some information on how to tell the difference. If unsure, it is best to treat the situation like an overdose – it could save someone's life.

THE FOLLOWING ARE SIGNS OF AN OVERDOSE:

- Loss of consciousness
- Unresponsive to outside stimulus
- Awake, but unable to talk
- Breathing is very slow and shallow, erratic, or has stopped
- For lighter-skinned people, the skin tone turns bluish purple, for darker-skinned people, it turns grayish or ashen.
- Choking sounds, or a snore-like gurgling noise (sometimes called the “death rattle”)
- Vomiting
- Body is very limp
- Face is very pale or clammy
- Fingernails and lips turn blue or purplish black
- Pulse (heartbeat) is slow, erratic, or not there at all

If someone is making unfamiliar sounds while “sleeping” it is worth trying to wake him or her up. Many loved ones of users think a person was snoring, when in fact the person was overdosing. These situations are a missed opportunity to intervene and save a life.

RECOVERY POSITION

**KNEE STOPS
BODY FROM
ROLLING ONTO
STOMACH**

**HAND
SUPPORTS
HEAD**



DUMP THE DRUGS

AT THESE LOCATIONS



BULLHEAD CITY POLICE DEPARTMENT
1255 Marina Blvd, Bullhead City
(928) 763-9200 | M-F 8A-5P

FORT MOHAVE TRIBAL POLICE DEPARTMENT
8494 Hwy 95, Mohave Valley
(928) 3461521 | 24/7

KINGMAN POLICE DEPARTMENT
2730 Andy Devine, Kingman
(928) 753 -2191 | 24/7

LAKE HAVASU CITY POLICE DEPARTMENT
2360 McCulloch, Lake Havasu
(928) 855-4111 | 24/7

LAS VEGAS METRO POLICE DEPARTMENT
Laughlin Substation 101 Civic Way, Laughlin
(702) 298-2223 | M-F 8A-4P

MOHAVE COUNTY SHERIFF'S DEPARTMENT
600 W Beale St, Kingman
3500 N Hwy 95, Lake Havasu
9880 Vanderslice, Mohave Valley
(928) 753-0753 | M-F 8A-5P

HUALAPAI NATION POLICE DEPARTMENT
4751 Diamond Bar, Peach Springs
468 Diamond Creek, Peach Springs
(928) 769-1024 | M-F 8A-5P

Mohave County Department of Public Health
700 W Beale St.
Kingman, AZ 86401

Phone: 928-758-0722
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E-mail: LagpaC@mohave.gov

OPIOID OVERDOSE PREVENTION



Mohave County
Department of Public Health
Count On Us.
Overdose Data to Action

OVERDOSE DATA TO ACTION: **WHAT WE DO**

Overdose Data to Action program aims to reduce the number of overdoses and overdose deaths in the community by providing collaboration with various organizations, bringing together different minds, and different perspectives to achieve a common goal throughout Mohave County. We strive to assist agencies with research, education, resources and knowledge about other services or prevention programs, including recovery and mental health services. We are also available to provide technical assistance including planning, implementation, and problem-solving barriers.

Additionally, the program works to promote safe prescribing, improve the transition of care, and has developed an overdose fatality review team.

OVERDOSE FATALITY REVIEW

The mission of the Drug Overdose Fatality Review Program is to decrease the number of preventable overdoses by conducting comprehensive, systematic reviews of overdose fatalities in Mohave County using a multidisciplinary team of professionals and community members.

COMMUNITY EDUCATION

Providing education to increase awareness of safe medication storage, proper medication disposal, opioid use, and misuse.

- Trending street drugs
- Social media
- Naloxone
- Parenting classes
- Youth classes

SCHOOL EDUCATION

- School-based curriculum for K-12
- Professional development for staff/teachers
- Youth coalitions

YOUTH COALITION

Youth coalitions provide students with:

- Leadership skills
- Healthy lifestyle behavior skills
- Public speaking skills
- Community engagement skills

Contact us if your school is interested in starting a youth coalition for middle school or high school aged students.

NALOXONE EDUCATION

Training includes the following topics:

- Risks for opioid overdose
- Recognizing the signs of an opioid overdose
- Steps of overdose response: Try to wake the person up- call 911-give naloxone- give rescue breathing until the person wakes up or medical help arrives.
- How to administer naloxone
- How to perform rescue breathing
- Local Good Samaritan laws and other relevant laws/policies

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NALOXONE KITS

Contact these providers for Naloxone kits.

MOHAVE COUNTY DEPT. OF PUBLIC HEALTH

KGM - 700 W. Beale St, Kingman, AZ 86401
PH 928-753-0794 x4336

LHC - 2001 College Dr. #104, LHC, AZ 86403
PH 928-453-0716 x3036

BHC - 1222 Hancock Rd, Bullhead City, AZ 86442
PH 928-758-0722 x 2095

MOHAVE SUBSTANCE ABUSE TREATMENT AND EDUCATION PREVENTION PARTNERSHIP (MSTEPP)

2730 E. Andy Devine Ave, Kingman, AZ 86401
(928) 279-7774 or (928) 897-1788

ARIZONA YOUTH PARTNERSHIP

2701 E. Andy Divine Suite 115, Kingman, AZ 86401
(928) 961-0426 OR (760) 470-0609

KINGMAN HARM REDUCTION MOBILE PROGRAM

Kingman, AZ 86401
(928) 514-7487 OR (480) 442-7086

NORTH COUNTRY HEALTH CARE

KGM - 928-753-1177
LHC - 928-505-7552
BHC - 928-219-3350

***AVAILABLE AT ANY ARIZONA PHARMACY-MUST HAVE
VALID STATE ID.**

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